








iGrow Montessori –December Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Chicken Patty Burger: Contains Egg Bean Patty Burger Side: Mixed Veggies	2 <i>Mac and Cheese</i> Side: Peas	3 Cheese Pizza Veg Omelet: <u>Contains Egg</u> Side: Mixed Veggie
6 Bowtie Pasta in White Sauce W Grilled Chicken Bowtie Pasta in White Sauce Side: Broccoli & Peas	7 Seek Kebab Wrap: Contains Egg Cottage Cheese Wrap Side: Corn	8 Chicken Sandwich: <u>Contains Egg</u> Grilled Cheese Sandwich Side: Mixed Veggies	9 Butter Chicken W Flavored Rice Paneer Butter Masala W Flavored Rice Side: Peas	10 Cheese Pizza Veg Omelet: <u>Contains Egg</u> Side: Mixed Veggie
13 <i>Spaghetti W Marinara and Grilled Chicken</i> <i>Spaghetti W Marinara</i> Side: Broccoli and Peas	14 Chicken Hot Dog Zucchini Fritters Hot Dog Side: Corn	15 Chicken Nuggets W Potato Cubes: Contains Egg Corn Nuggets W Potato Cubes Side: Mixed Veggies	16 <i>Chicken Tikka Masala</i> <i>Paneer Tikka Masala</i> Side: Peas	17 Cheese Pizza Veg Omelet: <u>Contains Egg</u> Side: Mixed Veggie
20 Fettucine Alfredo W Grilled Chicken Fettucine Alfredo Side: Broccoli and Peas	21 Chicken Tenders W Tater Tots: Contains Egg Zucchini Fritters W Tater Tots Side: Peas and Corn	22 Chicken Hakka Noodles Veg Hakka Noodles Side: Mixed Veggies	23 School Closed 	24 School Closed 
27 Penne Carbonara W Grilled Chicken Penne Carbonara W Veggies Side: Broccoli and Peas	28 Chicken fried Rice Veggie Fried Rice Side: Peas and Corn	29 Chicken Quesadillas Cheese Quesadillas Side: Mixed Veggies	 Ravioli Side: Peas	School Closed 

Snacks

Mondays – Breakfast: Cheerios PM Snack: Fresh Fruit, PM Snack: Cheese Toast

Tuesdays – Breakfast: Muffins/Waffles PM Snack: Fresh Fruit, PM Snack: Veggie Sticks

Wednesdays – Breakfast: Mixed Cereal PM Snack: Fresh Fruit, PM Snack: Bread & Jelly

Thursdays – Breakfast: Oatmeal/Banana Bread PM Snack: Fresh Fruit, PM Snack: Cheese Quesadillas

Fridays – Breakfast: Pancakes/Bread & Cream Cheese PM Snack: Fresh Fruit, PM Snack: Animal Crackers/Goldfish

*Breakfast & Lunch will be served with 2% or Whole Milk.

Child's Name: _____

Classroom: _____

Please circle your child's entrée choice for each day and turn it in to your child's teacher.